Perseid School
Blazing a trail



Preparation for Adulthood Booklet

For parents and carers

"The school is highly successful in preparing pupils to transition seamlessly into their next steps"

Ofsted, January 2025

"The curriculum is expertly tailored to the needs of each pupil. It provides pupils with the knowledge and skills they need to function and thrive in adulthood."

Ofsted, January 2025

WELCOME

Preparation for Adulthood is a continuous journey beginning in the earliest years and our approach is a "Golden Thread" woven through everything we do. This booklet is designed to inform our families and community about how we support every pupil at Perseid School to prepare for their "best next step" into adult life.

Our Vision: Blazing a Trail

Perseid is a **Gold** Rights Respecting School.

Rooted in the UNICEF Rights of the Child, we ensure:

- **Article 12:** Every child has the right to say what they think and be taken seriously.
- **Article 29:** Education must develop every child's talents and abilities to the full.



THE FOUR PfA OUTCOMES

We focus our learning on four main areas to ensure a successful transition to adulthood:

1) **Friends, Relationships & Community:** Building supportive friendships and feeling part of the local area.

2) **Good Health:** Managing physical and emotional wellbeing to stay as healthy as possible.

3) **Independent Living:** Learning to make choices about food, friends and daily routines.

4) **Further Education and Employment:** Focusing on meaningful daily activity and lifelong learning with the aim of developing the communication and vocational skills needed to participate in the community, providing purpose and social connection.

THE EIGHT ESSENTIAL SKILLS

(Skills Builder)

We use the Skills Builder Framework to teach transferable skills that are vital for all pupils as they work towards their best next step:

- **Communication:** Listening and Speaking
- **Creative Problem Solving:** Problem Solving and Creativity
- **Self-Management:** Staying Positive and Aiming High
- **Interpersonal:** Leadership and Teamwork



Skills Builder
Silver Award





"By the time pupils finish in this school, they are incredibly well prepared for their next steps"

Ofsted, January 2025

PfA IN OUR CURRICULUM

Preparing for adulthood is embedded in every subject we teach:

For example:

Maths: Practising **Problem Solving** by following instructions and **Aiming High** by tackling difficult tasks

English: Developing **Communication** by speaking clearly and **Listening** to recall simple instructions.

Music: Building **Teamwork** through group performances and using **Creativity** through imagination.

Encounters with the World of Work

We provide rich, practical experiences to help pupils understand the community around them. These encounters are carefully tailored to each child's learning, interests and best next steps.

Rather than focusing on specific careers, activities are used to practice essential life skills in real-world settings. For example, work visits to a local supermarket, work shadowing with the school premises team or work experience as a tennis coach allows pupils to practice communication, teamwork, and problem solving in new environments.

Listening to Your Child

We use special tools to ensure the child's voice is the driver of their Education, Health and Care Plan (EHCP). This includes **Skills Reflection Books** for pupils to track their progress visually and **'Beyond Perseid' Books** for pupils to share their wishes for the future.

JOINT ENDEAVOUR: WORKING WITH FAMILIES

High-quality Preparation for Adulthood is a joint home-school endeavour.

We involve parents and carers in:

- **Transition Planning:** Helping understand options for the next stage of education.
- **Move-Up Events:** Opportunities for pupils and parents to prepare for changes in classes or key stages.

Together we act as a **"guided navigation system"**, helping each pupil confidently chart their own course toward a happy adult life which is as independent as possible.

"The school's strong emphasis on independence and community engagement has helped my son build confidence, develop practical life skills, and feel more prepared to navigate adulthood with a sense of purpose and belonging." **Parent**

NATIONAL CAREERS WEEK

Every year, pupils take part in National Careers Week. For our school, this week is about exploring future pathways and developing skills for adulthood, independence, and community life.

Activities are designed to build confidence and agency, for example:

Bikeability cycling training: Focuses on building independence and road safety awareness while practicing the skills of staying positive and aiming high.

Travel safety and enterprise: Pupils engage with the world around them through college visits and encounters with local employers.

Advocacy and Awareness: We welcome guest speakers, such as SeeAbility, to help pupils explore disability awareness and self-advocacy, ensuring they develop the listening and speaking skills needed to share their aspirations for the future.

Together, these experiences support Preparing for Adulthood (PfA) by building independence, confidence and employability skills.



"My son has been greatly supported with his emotional wellbeing, helping him to gain the resilience and confidence that is needed to access the community with his peers which is essential for his next step into adulthood." **Parent**

Perseid Lower School
Bordersley Road
Morden
Surrey
SM4 5LT

Perseid Upper School
Middleton Road
Morden
Surrey
SM4 6RU

T: 020 8648 9737
E: office@perseid.merton.sch.uk
Follow us on Twitter: @Perseid
Like us by searching on Facebook for: Perseid School

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