

Family Learning Programme

16.09.26

Wednesday

9.30AM-10.30AM

**Lower School
Meeting Room**

Parent Run Coffee Morning

Please come along to our parent run coffee morning where you can meet new parents, have a chat and share ideas over a coffee & a biscuit!

23.09.26

Wednesday

9.30AM-10.30AM

**Lower School
Meeting Room**

Friends of Perseid School (FOPS) Meeting

All parents are welcome to join the first FOPS meeting of the new academic year to discuss events for the upcoming year. Hosted by Natasha Poleon (FOPS Chair)

30.09.26

Wednesday

9.30AM-10.30AM

**Lower School
Meeting Room**

NHS Meet the Team Lower School

Come along and meet the Therapist Team at Perseid. They will share their role, how they support your child and how they can support parents.

07.10.26

Wednesday

9.30AM-10.30AM

**Lower School
Meeting Room**

Parent Run Coffee Morning

Please come along to our parent run coffee morning where you can meet new parents, have a chat and share ideas over a coffee & a biscuit! Organised by Ellis Bird (Rex's Mum)

16.10.26

Friday

9.30AM-10.30AM

**Upper School
Meeting Room**

NHS Meet the Team Upper School

Come along and meet the Therapist Team at Perseid. They will share their role, how they support your child and how they can support parents.

Family Learning Programme

5.11.26

Thursday

9.30AM-10.30AM

**Upper School
Meeting Room &
Available online**

Sleep Hygiene

This workshop will be hosted by Dr Victoria Smallman (CAMHS) who will share information and guidance on how to improve sleep quality.

11.11.26

Wednesday

9.30AM-10.30AM

**Lower School
Meeting Room**

Early Help Support In Merton

Please come along and meet Kavi (Merton Early Help Support worker) for more information about support & services available within the borough and how to access it. Hosted by Kavidata Ramdeen

19.11.26

Thursday

9.30AM-10.30AM

**Upper School
Meeting Room**

Fussy Eaters

This workshop aims to discuss difficulties that parents/carers are facing with their children around mealtimes and strategies that may support. Hosted by Eillie O'Neil (Health Services Manger) Dr Victoria Smallman (CAMHS) . home.

25.11.26

Wednesday

9.30AM-10.30AM

**Lower School
Meeting Room**

Tamil Coffee Group

Come along to our Tamil coffee morning for refreshments and chance to chat with other Tamil families

2.12.26

Wednesday

9.30AM-10.30AM

**Lower School
Comet Hall**

Parent Run Coffee Morning

Please come along to our parent run coffee morning where you can meet new parents, have a chat and share ideas over a coffee & a biscuit! Organised by Ellis Bird (Rex's Mum)

10.12.26

Thursday

9.30AM-10.30AM

**Upper School
Meeting Room**

Tree of Life

The Tree of Life is a creative, strengths-based approach that helps parents reflect on their values, skills, and hopes while connecting with others who share similar experiences. Hosted by CAMHS