About CLCH NHS Trust

The Merton Health Visiting Service is provided by Central London Community Healthcare NHS Trust. We provide a range of NHS care in London and Hertfordshire. For more information visit www.clch.nhs.uk

Complaints and compliments

If you would like to comment on the services we provide you can contact the Trust's Patient Advice and Liaison Service on 0800 368 0412 or clchpals@nhs.net

Please contact one of the team if you would like to share your experience as a patient story.

Alternative formats and communications support

If you need this information in alternative formats, other languages, or other communications support during appointments please let your clinician know and we can arrange this for you.

Contact us

03300539264

clcht.hcpadminmerton@nhs.net

Acacia Children's Centre, 230 Grove Rd, Mitcham CR4 1SD

The Avenue Children's Centre, Whatley Avenue, London SW20 9NS

Church Road Children's Centre, 243 Church Road, Mitcham CR4 3BH

Ivy Garden Childrens Centre, Greenwood Rd, Mitcham CR4 1PF

Lavender Steers Mead Children's Centre, Lavender Ave, London CR4 3HL

Lower Morden Children's Centre, 35 Aragon Rd, Morden SM4 4QG

Newminster Childrens Centre, 2 Newminster Road, Morden SM4 6HJ

https://clch.nhs.uk

NHS
Central London Community Healthcare
NHS Trust

Merton Health Visiting

Supporting families and children under 5

Who we are

The Health Visiting service is part of the NHS working to deliver the Healthy Child Programme, for children who are under 5 years old.

Our team consists of:

- specialist health visitors
- health visitors (qualified nurses or midwives with specialist training).
- community staff nurses (qualified nurses or midwives)
- community nursery nurses
- administrators

We work with local communities, the whole family and individual children in different settings, e.g. homes, children's centres, schools and GP surgeries.

We work with other services to ensure each and every child and young person lives in a safe environment.

What we do

Our team can support you and your child from pregnancy until when they start reception.

- **Advice on healthy choices, e.g. breastfeeding, introduction of solids, and healthy eating.**
- **Development reviews to ensure your child is reaching their full potential.**
- **Working closely with children's centres to promote family activities which help build a strong bond with your child.**
- **Promoting the childhood immunisation programme which ensures your child is protected against disease and infection.**
- **Support and information to families with specific difficulties such as postnatal depression, including wider issues such as housing problems, domestic abuse or child abuse.**
- **Partnership working with specialist services to support families with additional needs, e.g. speech and language therapists.**
- **Supporting parents to feel confident in their parenting skills and can support with behaviour management, sleep and toilet training, for example.**

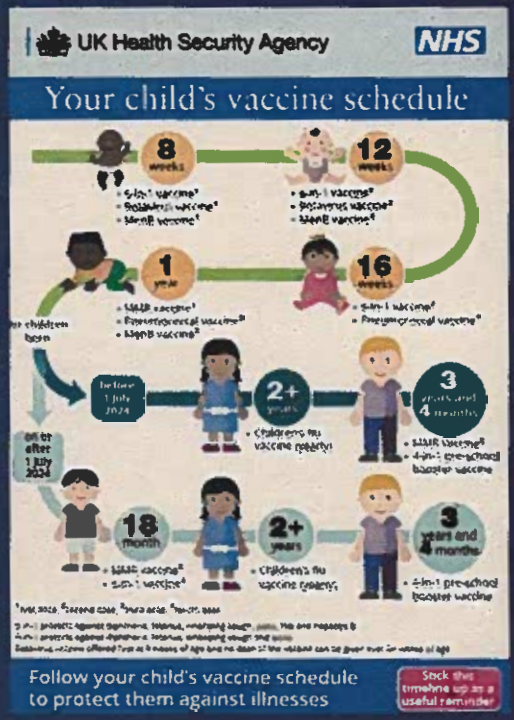
We have a specialist infant feeding team and lactation consultant support

SCAN ME!

For infant Feeding information & Support

Checklist

Your child must be registered with a GP and a dentist; after a dental check-up, your dentist will recommend when to book another appointment, this is usually 6 – 12 monthly for under 18 year olds.

Scan code to find a dentist near you.

Scan code to find a GP near you.