About CLCH NHS Trust

The Merton School Nursing Service is provided by Central London Community Healthcare NHS Trust. We provide a range of NHS care in London and Hertfordshire. For more information visit www.clch.nhs.uk

Complaints and compliments
If you would like to comment on the services we provide you can contact the Trust's Patient Advice and Liaison Service on 0800 368 0412 or clchpals@nhs.net
Please contact one of the team if you would like to share your experience as a patient story.

Alternative formats and communications support
If you need this information in alternative formats, other languages, or other communications support during appointments please let your clinician know and we can arrange this for you.

Contact us

03300539264

clcht.SchoolNursingMerton@nhs.net

Lavender Steers Mead Children's Centre, Lavender Ave, London CR4 3HL

https://clch.nhs.uk

Scan to access our referral form

NHS
Central London Community Healthcare
NHS Trust

Merton School Nursing

Supporting school age children's health

Who we are

The School health service is part of the NHS working to deliver the Healthy Child Programme, for school age children.

Our team consists of:

- school nurses (qualified nurses or midwives with specialist training),
- community school staff nurses (qualified nurses or midwives), and
- community nursery nurses
- administrators

We work with children, young people and their families /carers if they attend a Merton school or are home schooled.

We are not based in school but work in partnership with other professionals to ensure your child's health needs are met. This may include signposting or referring to other services.

What we do

Our aim is to promote health and wellbeing so children can reach their full potential. We offer:

- Health assessment / review
- Health promotion /education and training
- Bedwetting/continence advice
- Emotional health support
- Advice on weight management and healthy lifestyle choices
- National Child Measurement Programme (Reception and Year 6)
- Support for Children with complex needs, e.g. asthma, epilepsy and severe allergies
- Support for children with special needs.
- Partnership working with other agencies to safeguard children
- Support for young carers

For older children at secondary school age:

- Early help for vulnerable children and young people
- Sexual Health and relationships
- Body changes and puberty
- Smoking, alcohol and drugs
- Bullying, anxiety and friendships

Checklist

It is recommended that your child visits a local optician for a free eyesight test

Scan code to find an optician near you.

Your child must be registered with a GP and a dentist; after a dental check-up, your dentist will recommend when to book another appointment, this is usually 6 – 12 monthly for under 18 year olds.

Scan code to find a dentist near you.

Scan code to find a GP near you.

Your child should have their pre-school booster vaccinations that will protect them from transmittable infections. These include MMR and the nasal Flu vaccine. You will need to contact your GP for this.